



FAMILY ACTIVITIES & EVENTS

JANUARY 2018

SUN	MON	TUE	WED	THU	FRI	SAT
LOCATION COLOR KEY CENTRAL NORTH SOUTH VALLEY	1 NEW YEAR'S DAY EARLY CLOSURE AT 4PM All Y Branches	2	3	4 Dodgeball 6pm - North Y Family Pool Games 7pm - North Y Y Kids Club 6pm - Central Y	5 Snowflake Craft 6pm South Y Snowflake Craft 6pm Valley Y	6 Y Kids Club 10am North Y
	7	8 Bouncy House Party 11:45am - 1:45pm South Y Dodgeball 6pm - Central Y	9 Star Wars Trivia 6pm All Y Branches	10 Beaded Necklace Craft 6pm Central Y	11 Freeze Tag 6pm - Valley Y Family Pool Games 7pm - North Y Y Kids Club 6pm - Central Y	12 Tie-Dye Shirts (Bring white shirt) 6pm North Y
14	15 MARTIN LUTHER KING JR. DAY Dodgeball 6pm Central Y	16 Minute to Win It 6pm All Y Branches	17 Kids Dodgeball 3:15 - 4:15pm South Y	18 Family Pool Games 7pm - North Y Y Kids Club 6pm - Central Y	19 Snowman Craft 10am & 6pm Valley Y Animal Mask Craft 6pm - North Y	20 Y Kids Club 10am North Y
21	22 Outdoor Bonfire Marshmallows provided 6pm - North Y Dodgeball 6pm - Central Y	23 Glow Stick Snowman 6pm All Y Branches	24 Story Time 10am Valley Y Family Painting Craft & Cocoa 6pm - Central Y	25 Family Pool Games 7pm - North Y Y Kids Club 6pm - Central Y	26	27 Y Kids Club 10am North Y
28	29 Dodgeball 6pm Central Y	30 "Frozen" the movie & Popsicles 6pm All Y Branches	31 Kids Pickleball 3:15 - 4:15pm South Y			



Y Kids Club

Thursdays, 6pm, Central Y
Saturdays, 10am, North Y

The best place for a kid to be is the Y Kids Club! This free program focuses on teambuilding with games, crafts and more. Children 7+ are welcome to join us in the FAC!

Pedal For A Pupose

Feb 3, 10 & 24, Mar 10

Raise money and awareness for the YMCA's Annual Giving Campaign, which gives children, families, and people of all ages the opportunity to enjoy the Y. This bike relay is fun for the whole family.

Visit ymcaspokane.org/pedal for more information.



Valentine Parent's Night Out

All 4 Branches

Saturday, Feb 10, 5:30-8:30pm

You get an evening out – your kids get to have a blast at the Y! Children ages 3-11 yrs, just \$15 for a child or \$30 for a family. Crafts, treats, movies, swimming and more! Registration opens Jan 10.

FREE Kids Group Wellness Classes

Kids Yoga

Central Y | Mon | 4:15-5pm
South Y | Fri | 4:30-5:15pm

Fit-4-Kids

North Y | Wed | 6:30-7:15pm
Valley Y | Fri | 4:30-5:15pm
North Y | Sat | 9:15-10:15am
Valley Y | Sat | 10:30-11:15am

